



a strong
FOUNDATION
begins early.

WE ALL HAVE A
ROLE TO PLAY!

Building a healthy human brain is a process that begins before birth and continues into adulthood. A strong foundation early on increases the probability that a child will be socially and emotionally healthy, which is just as important as physical health.

Your health care provider may be able to screen for toxic stress at medical appointments and direct appropriate services and interventions to parents and caregivers



KIDS FIRST

CHILDCARE RESOURCE CENTER

Go to www.cityofaspenn.com/kidsfirst and look under the Kids Thrive link to find out more.